

FALL 2018 SPORTS & AFTER SCHOOL OPPORTUNITIES

Registration is due online or at the main office by Friday, August 24

- Sports registration forms are available on the Four Rivers website
- Register for Monday after school clubs by emailing cwood@frcps.org
- Homework Club in the Library and teacher support in the classroom do not require prior registration – students can drop-in as needed.

PAYMENTS:

- Online payments option will be available later this month; payments can also be made by check turned in at the main office
- A minimum of first payment is due when registering
- All bills and fees from the last school year must be paid prior to signing up

Fall	Days	# of weeks	Dates	Cost
Varsity Boys Soccer (9 th , 10 th , 11 th & 12 th grades) Coach: Terry Plotkin tplotkin@frcps.org	Mon 3:15-5:15 Tues 3:15-5:15 Wed 1:45-3:30 Thurs 3:15-5:15 Fri 3:15-5:15	9 weeks	9/4 – 10/29 RVAL playoffs 10/30-11/4	\$100 \$50 (reduced lunch) \$25 (free lunch)
Varsity Girls Soccer (All grades) Coach: Amanda McNamara amcnamara@frcps.org	Mon 3:15-5:15 Tues 3:15-5:15 Wed 1:45-3:30 Thurs 3:15-5:15 Fri 3:15-5:15	9 weeks	9/4 – 10/29 RVAL playoffs 10/30-11/4	\$100 \$50 (reduced lunch) \$25 (free lunch)
Middle School Boys Soccer (7 th , 8 th , & 9 th grades) Coach: Charlie Olchowski charlieolchowski@hotmail.com	Mon 3:15-5:15 Tues 3:15-5:15 Wed 1:45 - 3:30 (not mandatory) Thurs 3:15-5:15 Fri 3:15-5:15	10 weeks	8/30 – 10/29	\$100 \$50 (reduced lunch) \$25 (free lunch)
Cross Country running (Open to all grades) Coach: Al Ladd al@alladd.com	Mon 3:15-5:15 Tues 3:15-4:30 Wed: MEETS Thurs 3:15-4:30 Fri 3:15-5:15	10 weeks	8/30– 11/1	\$75 \$37 (reduced lunch) \$18 (free lunch)
Art Workshop Ms. Lyons	Mon 3:15-5:15	9 weeks	9/10 – 11/19	\$45 \$22.50 (reduced lunch) \$11.25 (free lunch)
Nature Workshop Mr. Etzweiler/Mr. Lufkin	Mon 3:15-5:15	9 weeks	9/10 – 11/19	\$45 \$22.50 (reduced lunch) \$11.25 (free lunch)
Music Workshop Mr. Jakub	Mon 3:15-5:15	9 weeks	9/10 – 11/19	\$45 \$22.50 (reduced lunch) \$11.25 (free lunch)
Homework Club in the Library (Open to all grades) Prior sign-up is not required	Mon 3:15-5:15 Tues 3:15-5:15 Wed 1:30-3:30 Thurs 3:15-5:15		beginning 9/4 and running the entire school year	\$5 per hour \$2 per hour (reduced lunch) \$1 per hour (free lunch)
After school help with teachers (Open to all grades) Prior sign-up is not required	Mon 3:15-4:15 Tues 3:15-4:15 Thurs 3:15-4:15		beginning 9/10 and running the entire school year	All teachers offer an hour of after school help each week – attendance is limited to students looking for support from that classroom teacher.